Have your healthcare and use it, too Though some states are fighting Obamacare, some can't seem to decide...

A musical high ... literally Is it possible to get high without a drug? Check out Tayler Manges' story for more.



There's a new sorority on campus... ...and Drew Martens tells us all about it. See his interviews online.



Is it snack time yet? Bypass the boring and go straight to the milkshake floats. Tim Schrag has more.

Session leads to debate on solicitors

Commission: Girl Scouts, sports teams would not need permits to sell items

Katie Reillev

Many questions were raised during Tuesday's city commission work session, including debates concerning whether or not Girl Scouts are considered solicitors, who under a proposed ordinance change would be required to carry permits on their person.

Though these questions were raised, Assistant City Manager Lauren Palmer cleared the debate.

"It is a charitable organization," she said. "We would commission that someone on the behalf of the local Girl Scout organization would submit to the city clerk that would cover all Girl Scouts."

In this, Palmer stated that a simple letter to the city clerk would certify the charitable status, but as Manhattan resident Scott Turtle questioned during the meeting, would that apply to soccer or football teams that were

fundraising.
Palmer said those qualifications fell under educational purposes, so it would be covered by the charitable means.

Other big questions concerning the proposed change in or-dinance included a background check on all peddlers, something which Commissioner Loren Pepperd appreciated, indicating he had many peddlers come to his door and did not know whether or not all of them were legitimately charitable or if the solicitor had a background check or not.

During the meeting, the mission also covered the proposed ordinance change in special events and related permits, including a debate concerning noise permits.

City Commissioners James Sherow and Jayme Morris-Hardeman, along with Mayor Bruce Snead, all agreed there are many factors that should be considered before allowing noise permits in residential neighborhoods.

See CITY, Page 3

SMALL STEPS

Lou Douglas lecture focuses on doing little things



Libuse Binder shows her enthusiasm for youth-based social change to the crowd in Forum Hall on Tuesday night during the Lou Douglas Lecture. Binder wrote "Ten Ways to Change the World in Your Twenties."

Pauline Kennedy campus editor

There are constant exchanges of power in current political systems and the economic markets around the world are constantly shifting. With all of these changes taking place, society is bound to follow, and new political, social and economic issues arise with them.

Students and faculty of the UFM Community Learning Center created the Lou Douglas Lecture Series to help understand these problems and find ways society can help deal with and solve them.

This year's series kicked off Tuesday, with a lecture by Libuse Binder, author of the book "Ten Ways to Change the World in your Twenties.

Binder spoke in Forum Hall, emphasizing the opportunities students can take to make a difference in the

Binder left her job as a film producer, working on million-dollar films, to find a way she could use her skills to help benefit others. Since then, she has worked as a writer, teacher and environmental activist.

Her speech reflected her book, discussing ways the current generation of students can make a difference in the world — whether it be small or big changes.

"We are incredibly powerful," Binder said. "We have access to information technology like never before and so we really have the power to create a new world

discussed how Binder people can take small steps in their everyday lives to work toward a greater cause. She said she sees so much power and potential in today's youth.

"I see a tremendous level of energy for all of these different causes, from the environment to fair trade, fair wages, to volunteering locally, to stopping violence against women," she said, "and really

we all are a community that has to stick together and harness that energy and work towards changing this world together."

Binder said out of all of the ways people can make a difference in the world, it is important that they focus on an issue or topic that is deeply personal to them. She offered simple ways to get involved, from voting and recycling to buying local and sustainable foods and starting nonprofit organizations.

Binder spent a great deal of time on environmental issues and sustainability.

"The school is moving toward bringing in more sustainable practices all over campus," she said. "Some of the basic things you can do are just really small steps. Using a reusable coffee mug, using a reusable water bottle, she said. "Once you sort of embrace in these practices, encourage your parents and your friends to do the same thing."

Binder closed the speech with a quote from her book, pushing forward the idea of small changes that can end up making big differences.

"Take a simple action or

two every day or a few times a week, even if you don't think it matters much," she said. "Once these actions become second nature and you develop some momentum, you will probably find yourself looking for more to do and learn."

Carolyn Gatewood, sophomore in secondary education, said she hoped the lecture would have focused more on the nonprofit side of making a difference.

"I thought it was interesting how she focused a lot on sustainability and environmental action," Gatewood

Gatewood, who is also minoring in nonprofit leadership, said she does understand that sustainability is

See DOUGLAS, Page 3

SafeZone offering training for new, returning members

Program creates areas to help students deal with problems, provide allies for listening

Kristen Ferris junior staff writer

For students and teachers at K-State, not all the problems they face are homework-

The SafeZone program offered provides teachers and students with the information and training needed to help with certain emotional situations people might face.

"The overall purpose of the SafeZone program is to train SafeZone Allies through workshops, which then provide campus safe zones," said Jamie Weiser, junior in life sciences and spokesperson for the program. "These safe zones are places where individuals affected by hateful acts — focusing on homophobia, sexual violence and other criminal or distressing situations — can safely go for support and assistance.

This free, 25-year-old program is available to the entire campus community.
"Not only do SafeZone

Allies receive training on lis-



Dorinda Lambert, director of University Counseling Services, started SafeZone as a program for troubled college students with no place to turn. She helped create a network of counselors and teachers who offer their offices as safe havens.

tening, responding and how to refer someone to the proper campus office, allies also learn various crisis prevention techniques, as well as intervention options and aftermath crisis training," Weiser said. To become a SafeZone Ally,

you must: 1. Attend one introduction

to SafeZone session

2. Attend at least one Safe-

Zone training session each semester 3. Attend ally networking sessions when offered

The sessions themselves are two hours long and are offered on campus throughout the se-

"I found the certification process simple and interesting," said Joy Whitney, graduate student in counseling and student development. "There were great discussions, and I enjoyed hearing from the variety of speakers that came to

See SAFE, Page 10

Salina's aviation maintenance program recognized nationally

Center accredits schools that reach, surpass educational standards

Pauline Kennedy campus editor

K-State Salina is working its way up the aviation ladder with its avionics program receiving industry standard accreditation from the National Center for Aerospace and Transportation Technologies.

The center gave the recognition in the spring, but it was announced this semester.

Raylene Alexander, assistant professor in aviation and the avionics program lead, said the center looks to see if the school is teaching certain criteria in the classroom, like basic electricity, safety and proper handling of

the tools. "It's a huge influence for prospective students," she said, about the recognition.

She also stressed, however, this is not an academic accreditation. Academic accreditation would require a visit inspection from the Kansas Board of Regents. The National Center for

Aerospace and Transportation Technologies is a nonprofit organization that uses industry experts to recognize schools



that reach and surpass educa-

K-State Salina's avionics

program offers aviation main-

tenance certification, meant to

prepare students for the ever-

changing field of avionics. Stu-

dents in the avionics program

work hands-on with the latest

technology used in today's avia-

tion maintenance industry. The

tional standards.

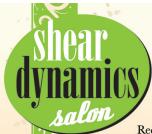
na received industry standard accreditation from the National Center for Aerospace and Transportation Technologies last spring, though it was announced this semester.

Collegian File Photo

program works to prepare students for careers in fields like aircraft design, maintenance, inspection and repair. Kurt Barnhart, professor and

head of the department of aviation, said the equipment they use is the "latest and greatest." Some of this equipment

See SALINA, Page 10



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The Manhattan Jewish Congregation's **High Holy Days Schedule**

7:30pm - Kol Nidre, Erev Yom Kippur 9/17: 9/18: 10:00am - Morning Service

4:00pm - Afternoon Service 5:30pm - Yizkor Service 6:00pm - Closing Service

Havdalah service and then Break-The-Fast

immediately following.

Schedule also available at www.manhattanjewishcong.org MJC is located at 1509 Wreath Avenue, Manhattan, KS



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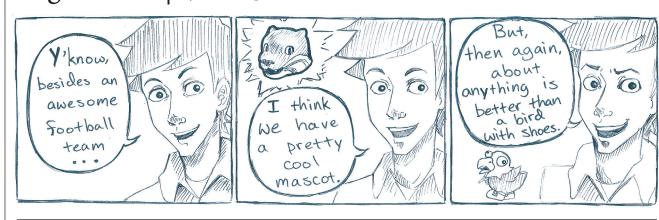
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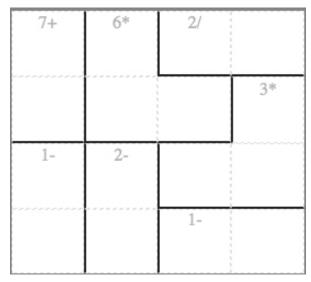


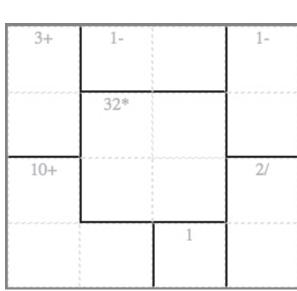
Logan's Run | By Erin Logan



KenKen | Medium

Use numbers 1-4 in each row and column without repeating. The numbers in each outlined area must combine to produce the target number in each area using the mathematical operation indicated.





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POLICE REPORTS

Austin Enns staff writer

DRIVER INJURED, TRANSPORTED TO MERCY

A Fort Riley woman was transported to Mercy Regional Health Center on Monday after she was rear-ended by a delivery truck, according to a report from the Riley County Police Department.

Eleanor Fisher's car, an Isuzu Rodeo, was rear-ended by a delivery truck driven by Troy Mcintosh, 31, of Ogden, at about 5 p.m., according to the police report.

The accident happened on Fort Riley Boulevard near Juliette Avenue.

Fisher, 35, was transported to Mercy for back pain, according to the report.

PIT STOP AUTOMOTIVE TOOLS REPORTED STOLEN

A local automotive shop reported the theft of tools on Monday afternoon, according to another RCPD report.

Pit Stop Automotive, 1617 Fair Lane, discovered about \$1,900 in tools stolen, said Lt. Herb Crosby of the RCPD. Police are still investigating whether the tools were stolen all at once or over a period of time, Crosby said.

WEEKLY BLOTTER

ARREST REPORTS

MONDAY

Dustin Lee Abramovitz, of the 3700 block of Pecan Drive, was booked for failure to appear. Bond was set at

Tosha Renee Bryant, of the 1300 block of Flint Hills Place, was booked for failure to appear. Bond was set at

Robert Michael Deets, of the 1800 block of Rockhill Road, was booked for failure to appear. Bond was set at \$1,500.

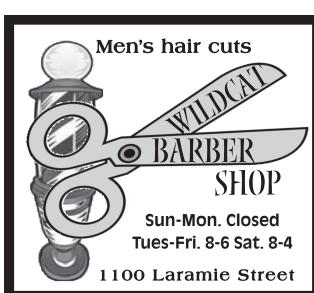
Meghan Jean Mcgee, of the 3100 block of Keats Avenue, was booked for probation violation. Bond was set at \$1,500.

Christopher Joseph Webber, of the 3500 block of Dempsey Road, was booked for two counts of probation violation. Bond was set at \$2,000.

TUESDAY

Eleanor Kate Fisher, of Fort Riley, was booked for driving under the influence and for endangering a child. Bond was set at \$2,000.





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K-State professor to be honored by Crop Science Society of America

Mary Lou Peter

K-State Research and Extension

Jim Shroyer, professor and Extension crops specialist in K-State's department of agronomy, has been named to the 2010 class of Crop Science Society of America Fellows.

Shroyer, also known in Kansas as "the wheat guy" for his years of service to and work in the wheat industry, will be honored at the society's annual meeting Oct. 31 to Nov. 3 in Long Beach, Calif.

Members of the society nominate colleagues based on their professional achievements and meritorious service. Only 0.3 percent of the Society's active and emeritus members may be elected

Shroyer is the extension agronomy state leader in Kansas and teaches an undergraduate class in crop science.

His extension and research effort focuses on wheat and alfalfa production and management.

"Very few crop scientists achieve this honor, and Jim is very deserving," said Gary Pierzynski, interim dean of K-State's College of Agriculture and director of K-State Research and Extension. "He is

nationally recognized for his creative extension programs, teaching and research, particularly with wheat and alfalfa production.

"K-State Research and Extension, and the department of agronomy, are very fortunate to have Jim as a member of our

He is the originator and driving force behind the Kids Field Day at the K-State Agronomy Farm — a day every fall when fourth graders come from area schools to learn about crops, soils and other agriculturerelated sciences. The agronomy professor also launched a web-based resource at ksre.ksu. edu/wheatpage which includes Adopt-a-Wheat-Field.

The site allows the reader to view a wheat field from planting to maturity through harvest to final product stage, with explanations about how such factors as weather, insects and disease affect the wheat field through the year. Wheat-Watch and SunflowerScene are other educational resources available on the website. Another resource available is SoybeanScene.

Shroyer earned bachelor's and master's degrees from Oklahoma State University and a Ph.D. from Iowa State University. He is also a Fellow

of the American Society of Agronomy and served as associate editor for the Journal of Natural Resources and Life Sciences Education.

In addition to Shroyer, other 2010 fellows are: William Cox (Cornell University); Scott D. Haley (Colorado State University); Shawn Kaeppler (University of Wisconsin-Madison); Drew Lyon (University of Nebraska-Lincoln); Gregory S. McMaster (USDA-ARS, Fort Collins, CO); David Porter (Oklahoma State University); Larry C. Purcell (University of Arkansas); Monte Rouquette (Texas AgriLife Research & Extension Center); and Charles P. West (University of Arkansas).

The crop science society is an international scientific society comprised of more than 6,000 members with headquarters in Madison, Wis. Members advance the discipline of crop science by acquiring and disseminating information about crop breeding and genetics; crop physiology; crop ecology, management and quality; physiology, production and technology; turfgrass science; forage and grazing lands; genomics, molecular genetics and biotechnology; and biomedical and enhanced plants. More information about the society is available at crops.org.

DOUGLAS | Speaker focuses on environment, sustainability

Continued from page 1

relevant in the world right now, but wished Binder would have talked more about charitable organizations.

"I saw that in the description and I wish she would have focused a little bit more on the nonprofit, but I did get some good ideas from it," she said. "My ultimate goal is to start a nonprofit organization, so it seems like she has some good ideas. I'm interested in getting her book and reading that and see what I can take from that to use in my future."

Linda Teener, director of the UFM Community Learning Center and executive director for continuing education, said Binder was a great fit for what the lecture series represents.

There is so much with students getting involved and making a difference in the world, we ran across her, and she sounded like a terrific person to come and have some inspirational ideas for students," she said.

Teener said while the speech had much more of an environmental focus than she had anticipated, she thought it was quite good and said Binder made good points throughout the speech.

"I think K-State students can make a difference, you know, a little idea whether it's helping one person, helping your community, looking at sustainability or any other kinds of issues, can be a very rewarding thing," she said.

Teener said the UFM Community Learning Center, which has been around for 42 years, was made as a way of bridging communication and sharing ideas between the campus and the community, and said Lou Douglas was a big supporter of this cause.

Douglas, distinguished professor of political science from 1949 to 1977, focused his time on issues like civil rights, racial and economic justice and international peace.

"He was a terrific guy, and very interested in fairness, true democracy and social justice," Teener said. "So, we've tried to look at those kinds of issues when we look for speakers for the lecture series. It reflects something that Lou would have been proud to be a part of."

CITY | Commissioners: Noise permits difficult to regulate

Continued from page 1

Morris-Hardeman tolerance for noise depends mostly upon whether or not it is a weekday or weekend.

Snead insisted that because Manhattan is "so diverse" there are many different levels of tolerance of noise, and it is not something one can easily regu-

Sherow suggested neighbors sign a document before gain-

ing the permit — showing they are aware of the noise permit so "people won't be calling the police complaining of the

Other items discussed included temporary food vendors, and a debate broke out concerning whether or not in Pepperd's words, "popsicle trucks" or Schwan's trucks, are considered temporary food vendors. The proposed change asked for tougher regulations

for these temporary food vendors, including a fire department review of the permit.

Palmer said these vendors have their own mobile licenses and do not need these particular types of permits.

Firework permits were also discussed at the session. The proposed cost of obtaining a permit for a fireworks display increased, citing fire hazards and expenses associated with keeping the area safe.

college life

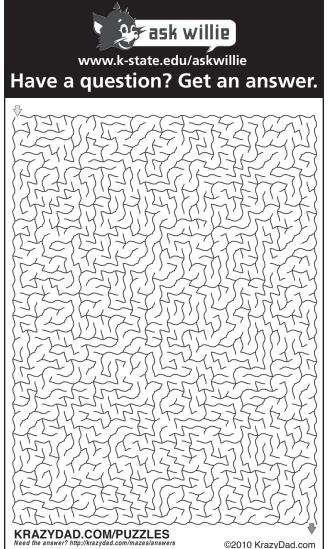


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STREET TALK

What is your favorite place to eat in town and why?

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Josiah Maine SENIOR, WILDLIFE BIOLOGY



Tyler Brown FRESHMAN, MECHANICAL ENGINEERING





Hillary Keller SOPHOMORE, ELEMENTARY EDUCATION





Paige Alexander SOPHOMORE, ELEMENTARY EDUCATION





Megan Butler JUNIOR, COMMUNICATION SCIENCES AND DISORDERS





Kellev Nelson JUNIOR, NUTRITIONAL SCIENCES

PICK A SIDE



States against 'Obamacare,' still reaping rewards



With the November elections rapidly approaching, it is becoming clear the Republican Party's focus during the 2010 campaign season seems to be government spending, jobs and the repeal of health care reform. While government spending and job creation are familiar territory for the GOP, health care issues are proving to be choppy political waters for the party to navigate.

Since President Obama signed the bill in March, there was a movement throughout the Republican Party to repeal the health care reform bill dubbed "Obamacare." The party stood together in opposition of the bill and was quick to find vague

wording members could manipulate to their advantage for talking points and commercials. It all appeared to be going so well for the Republicans — that is, until the benefits of the new bill proved to be just what some states needed.

Currently, governors and attorneys general from 22 states are suing the federal government to repeal health care reform. While all of these states are campaigning hard against the bill, the Associated Press reported, seven have also requested to join the programs health care reform has

Common sense would dictate if someone is running on a platform against health care, it is not a good idea to also put a hand out to receive the benefits. Common sense aside, if Obamacare is really unconstitutional because it threatens state and individual rights, then why are seven of the states involved in the lawsuit taking advantage of this allegedly unconstitutional bill?

Health care opposition states Arizona, Idaho, Indiana, Louisiana, Michigan, Nebraska and

Nevada have recently had their requests approved to get subsidies for covering retired state government employees with health insurance before they can get Medicare. With the exception of Nebraska's governor, Dave Heineman, five governors and one attorney general who filed suit on behalf of their states all focus on the repeal of health care as a primary issue on their professional websites.

They are part of a group of more than 20 states that have challenged the law's requirement mandating that "all citizens and legal residents have qualifying health care coverage or pay a tax penalty," according to the health care lawsuit homepage. They argue that the government cannot order individuals to buy a particular product. The Obama administration is countering that the mandate falls within broad powers conferred on Congress to

regulate interstate commerce. Regardless of constitutional interpretation of the health care reform, the outward campaigning of these GOP members

against the bill and their private filing for benefits is hypocrisy best exemplified. I agree these states should take every advantage of the health care bill. Bills of this magnitude are supposed to be passed with the sole intention of benefiting the American

To those in the GOP who feel it's OK to call Obamacare "evil," reference death panels and employ scare tactics to keep conservative voters confused and against a bill that most will stand to benefit from, I applaud your conviction and political postur-

But to those who sign up for the bill's benefits while opposing the bill for political gain, I say good luck in your upcoming election season. You can't have it both ways, and once the light is shed on your dirty little secrets, it will be interesting to see how many voters stand behind you.

Jason Strachman Miller is a senior in mass communications. Please send your comments to opinion@spub.ksu.edu.

"Harry's. It is expensive, but really good." **Marc Molitor**

JUNIOR, AGRICULTURAL ECONOMICS



Regarding Mausam Kalita's poem "God: A Song understand God's fullness of Opposites" on Friday, without all my one comment is that, of humanity joined toafter being a part of many different Christian and gether hold-Jewish communities, the ing hands in one glaring, huge omission community, in this poem is God can be welcoming one another she or ĥe.

It makes me sad that we are still not using gender inclusive language in some of our religious traditions. It makes me grateful there are many Jewish and Christian traditions and denominations using gender-inclusive language for God.

Maybe God is incarnated in all of us: men, women, girls, boys, blacks, whites, browns, gays, lesbians and queers; maybe we cannot

Editor's note: Kalita's mainstream gods **Christian God.**

together. My God is all-encompassing, all-embracing and all-loving. My God does not

table and break bread

to sit at the

banish, oppress or exclude. Thanks, Mausam, for starting an important conversation.

Samara Joy Nielsen Assistant professor Department of human nutrition

poem discusses several worshipped around the world, not just the Judeo-

of Opposites, published in the Sept. 10 issue of the

Poem on God raises questions about religion, gender issues

Mausam

Kalita caught

the attention

of many read-

ers last week

teresting and

unique song,

"God: A Song

with his in-

Too many people in today's society have a skewed or distorted picture of the Heavenly Father. Even people who have gone to seminary and participated in theological study for years don't have an exact definition. But the Bible helps point us in the right direction.

Since the Bible tells us God is sovereign over the universe, he could have used any number of methods to breathe life into the world. So to answer Mausam Kalita's question of "Is He omnipresent, omniscient or just struggling to survive?" the answer is yes and no.

God is omnipresent and omniscient, but God is not struggling to survive. Since God created the heavens and the earth, I would imagine he will still be around after our passing.

While we are separated from God in an earthly perspective, we have a second chance. Like Kalita mentioned in his song, God did send his son to earth

through the Immaculate Conception. John 3:16, perhaps the most popular verse in modern-day Christianity, tells us God sent his only son to die an embarrassing and humiliating death on a cross so we may have the gift of eternal lifé.

Mausam Kalita's article opened the doors for discussion. We have to remember we cannot fit God into our earthly ideas of identity or purpose. I don't think God chooses to be capitalist or communist, Republican or Democrat. God is larger than all of those concepts and ideologies.

Marshall Frey Junior in construction science and management

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New patio at Radina's place to chat, observe Aggieville happenings



Eleonore Ingram, a Topeka resident and K-State alumna, leans against the new railing at Radina's Coffee House and Roastery in Aggieville to talk with Colleen O'Brien, of Jefferson, lowa, and Paddy O'Hyland, of Woodland Park, Colo. The patio area at the Radina's location was completed last week.

Department to celebrate 100th

Elaine Edwards

K-State Research & Extension

A point of pride for Kansans is the centennial celebration of a department at K-State. The department of grain science and industry will celebrate its 100-year anniversary on Oct.

1-2 with a weekend of several events. K-State is the only university in the world offering undergraduate and graduate degrees in bakery science and management, feed science and management and milling science and management.

Established in 1910, the department of grain science and industry works with the grainbased food, feed, fiber, fuel and bio-products supply chain, according to Grain Science Department Head Dirk Maier. The 195 students enrolled in the program get practical, hands-on experience in K-State's modern pilot plants and laboratories, which include a bakery, feed manufacturing facility, industrial scale flour mills and extrusion center.

Two events for the public highlight the celebration on Oct. One is an open house in the morning hosted by departmental faculty, staff and students, with tours of the grain science north facilities and Shellenberger Hall

on the main campus. A science forum, "Global Impact Through Research and Technology Transfer," scheduled from 1:45 to 4:30 p.m. will honor several individuals who have made contributions to the research and technology transfer program over the past century. In addition, several faculty are scheduled to present seminars on

key research. Honorees include:

-John A. Shellenberger, a cereal chemist who served as department head during a period of extensive growth and presided over the construction of a new building that was later named in his honor.

-Okky Chung, a cereal chemist known for her work in basic and applied research in studies on the characterization and quantification of cereal lipids.

-Robert W. Schoeff, a feed and grain elevator safety expert who was the first to document grain elevator explosions and is credited with raising awareness of the safety factors involved, which led to a dramatic decrease in explo-

and publications. He mentored many graduate students who later made contributions to the -Paul Seib, a cereal chemist

who pecialized in carbohydrates

and is known for his patented

-Carl Hoseney, a cereal chem-

ist known for his scientific work

work on stable forms of vitamin

-Charles Deyoe, an animal science and nutrition expert who eveloped a significant source of nonproteinaceous nitrogen for use in animal feed for ruminant

-Karl Finney, a cereal chemist who is known for his work in chemical and physical properties of Kansas hard wheats. A wheat variety was named in his honor: the "Karl."

-Arlin Ward, a milling science professor instrumental in the development of the International Grains Program who conceived the program model "short course" used today to educate international agricultural profes-

-William Hoover, who served as department head and later went on to lead the American In-

stitute of Baking.

Highlighting the afternoon activities will be the groundbreak ing of a new \$13-million O.H. Kruse Feed Mill and Biorefinery scheduled for 5 p.m. on Oct. 2 Other activities will include a golf tournament, lunches and receptions scheduled throughout the

Go to the grain science and industry department's website at grains.ksu.edu for information on the celebration's schedule.

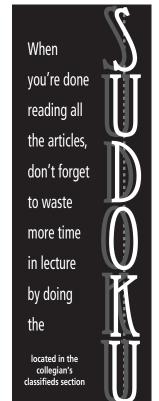
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MATCHING UP

Wildcats open conference tonight against KU

K-State focused on keeping momentum, improving from last weekend's losses

Sam Nearhood senior staff writer

Tonight, K-State (5-5) faces the University of Kansas (9-2) to open conference play for the volleyball team. Last season, Kansas swept K-State at both meetings, but head coach Suzie Fritz said the big picture was

more telling.
"We've had a tremendous amount of success over the course of our time here at Kansas State against a lot of people, certainly against the University of Kansas," Fritz said.

The numbers support her assertion. In the 100 matches between the two teams, K-State won 58. The year 2007 marked the last time the teams met in the conference opener when the Wildcats swept Kansas, before rolling on to a high conference standing and a trip to the NCAA Tournament. Even so, Fritz admitted Kansas still puts up a

good challenge.
"They're a very good volleyball team," Fritz said. "They're much im-

The Jayhawks have some talent on their side. Senior outside hitter Karina Garlington currently leads the team in kills per game with 3.49. Add in her .235 hitting percentage and 21 blocks, and she is a major obstacle for K-State. Garlington does not spend much time in the back row, a job that is left up to a bumper crop of mostly freshmen.

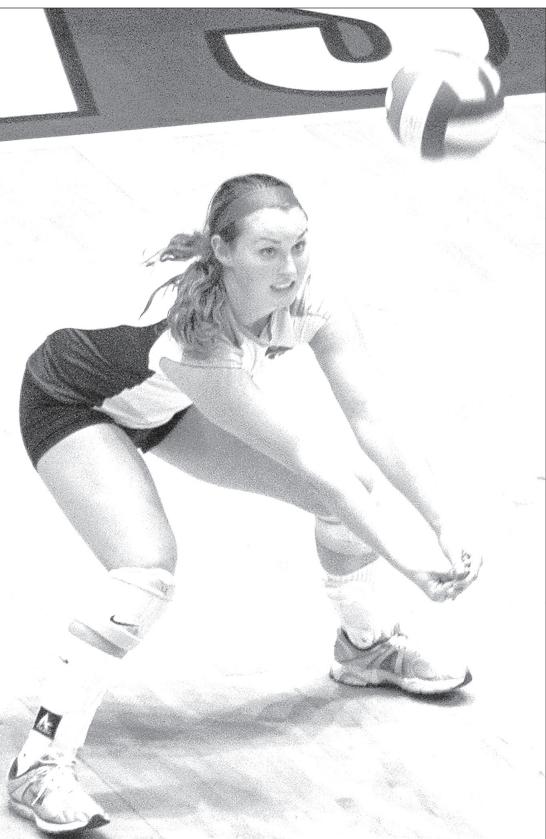
At the top of the first-year stat board is defensive specialist Brianne Riley. The Illinois native has recorded 3.55 digs per game, far beyond her more experienced teammates. Receiving her passes is another freshman, Kara Wehrs, a setter with strong numbers everywhere, including per game 9.50 assists, 2.33 digs and 1.06 kills, with a .214 hitting percentage and 21 blocks, making her a notable factor in every component of the sport.

K-State is also sporting some players with relatively little experience. For instance, sophomore Caitlyn Donahue is dominating the setter position, and one would be hard-pressed to guess her age based on her ability. The same is true of freshman middle blocker Kaitlynn Pelger, who has 2.50 kills per game and a team-high 50 blocks, far beyond many others in the front row. Fritz said winning the first conference match would help get the ball rolling.

"We're an entirely different team," Fritz said. "It would certainly be a positive thing to get off on the right foot."

K-State is coming off two near-wins and a sweep last weekend at the Kentucky Invitational, where the Wildcats took two ranked opponents to five games, losing by just a few points each time. Fritz said it was frustrating not to have kept the momentum long enough to win wins, but her team has learned and is working on improving.

We've identified maybe three of four key areas where we feel like we



Matt Binter | Collegian

Freshman middle blocker Taylor Johnson bumps the ball during the K-State vs. Oral Roberts match in Ahearn Field House on Sept. 3. The Wildcats are scheduled to play KU tomorrow at 7 p.m. in Ahearn.

can really upgrade quickly and have spent a lot of time since those two matches kind of evaluating those things and where we're at after the preseason," Fritz said.

The match against the in-state rival

will be a good opportunity to show off the new changes. Senior libero Lauren Mathewson said the history between the teams was not so important, as this

is a new season. "It's a different team this year, so

we're just taking it game by game," Mathewson said.

First serve is set for 7 p.m. in Ahearn Field House. Fans not able to attend the match can watch it on Metro Sports or listen on 1350 KMAN.

Tennis players focus on selves, rather than opponents

Instead of viewing films of others, K-State team analyzes its weaknesses

Danny Davis

senior staff writer

In the sport of tennis, preparation comes from within. Teams do not exchange video, said head coach Steve Bietau. They operate using scouting reports and, in the case of Big 12 Conference teams, they do not even have those at their disposal.

Before a match, the team prepares with notes and records of opponents from the prior year. If the school is in a different region, the coach calls another school and gets a scouting report, detailing the opponent's performance, record and players. But among Big 12 schools, there is an agreement not to share scouting reports on each

The players do not begin by reviewing scouting reports; they begin by reviewing film of themselves and analyzing their strengths and weakness, Bietau said. Once they understand their strengths and weaknesses, they can begin to focus on improvement and matching their strengths to the opponent's weaknesses.

Bietau prefers to focus his team on internal improvements rather than fixating on the scouting reports.

"There are a lot of variables. You don't know who will play in" which slot, Bietau said. "You can't go too far overboard preparing a player to play this player; they move up or down and

then you have nothing." More often than not, he said he and his players run into the problem of having nothing on a particular opponent. In those situations, they study the opponent during warm-up and deter-

mine her playing style. When watching opponents, Bietau and assistant coach Olga Klimova pay close attention to movement.

"Movement is huge in tennis, just like any other sport," Bietau said. "We look at style of play. Are they an aggressive baseliner, counterpuncher or are they a retriever? There are certain things that you would do tactically against each one of those

styles of play.' It all boils down to preparation, Bietau said. A single player must be able to counter any style of opponent.

Tennis teams face the additional difficulty of not adjusting their rosters to match a certain player against a particular opponent. Bietau said a rule forbids roster match-

ing.
For doubles play, he said, the teams will probably before the game. Since the doubles teams are constantly

changing, Bietau and Klimova work to ensure each doubles player is a good partner and understands fundamental aspects of doubles play.

The coaches study each player individually to determine how she meets the standards for doubles play, Bietau

"It's kind of a chess game, figuring out the right combinations," Bietau said.

Sophomore Karla Bonacic said playing for K-State is different from playing in Croatia. Practice and preparation for games are similar, but more extensive, she said.

In Croatia, her high school did not have tennis so she played in individual competitions by herself.

"You go to school like a normal student," Bonacic said of Croatian tennis. "In the afternoon, you'd play tennis by yourself, so basically I was like practicing for my own tournaments, and I played it by myself."

Since joining Wildcat tennis, Bonacic said she has added something to her game. Before, she was mainly an offensive-style player. Now, she said, she plays more

Senior Antea Huljev's experiences with Wildcat tennis are similar to Bonacic's. To her, the new factor of playing competitively for K-State was learning to play doubles, she said. At home in Slovenia, she did not play doubles.

Her coach in Slovenia asked her if she wanted to continue competitive tennis and her options were to find her own tournaments to compete in or attend college in America, Huljev said.

She chose K-State after Bietau came to her 2007 championship in Slovenia.

"I didn't expect it," Huljev said. "That was pretty im-

pressive." This Friday, the team competes in the Milwaukee Classic in Milwaukee, Wis.

Senior: Equestrian team full of determined members

Women utilize morning practices, time slots during day to improve

Marshall Frey

Jen Rawle, 2009-2010 captain for the K-State equestrian program, is in her senior year at K-State. The senior from Katy, Texas, plans to compete for the Wildcats in the Hunter Seat division this season. The Collegian caught up with Jen and asked her a few questions.

Q: What is your favorite part about riding for the equestrian program at K-

A: Being a part of this program is like none other; we are a family. My coaches and teammates support me inside and outside of the arena. The memories that I have made with the best teammates in all of varsity equestrian are ones that I will cherish for the rest of my life.

Q: What sets K-State apart from other schools with competitive equestrian programs?

A: We put on the best shows in all of varsity equestrian. We pride ourselves on having good sportsmanship and creating a supportive atmosphere that makes any team feel welcome when they

come to K-State. Q: What is one thing that the typical person may not realize about equestrian?

A: We work very hard to be the best that we can be. We are up for early morning workouts three times a week and practice every chance that we can get. I have been on sports teams my whole

life, and I have never been a part of a program that has as much heart, desire and drive to do whatever it takes to be the best.

Q: Being born in London, what was it like coming over to the United States for you?

A: Well, I technically only lived in London for three months, so the U.S. has always been home to me. My family and I did live in Singapore for about two and a half years when I was younger, though. It was always hard to leave friends and family, but it was a great experience to live out of

the country for a little while. Q: How did you become involved in equestrian?

A: A family friend from Australia who was big into equestrian introduced me to the sport when I was 7, and I haven't stopped since.

Q: What do you enjoy about being a student at K-

A: Everything. The professors are supportive in all aspects of their students' lives, and the student body is unlike any other. I would not change a thing about my experience

Focusing on 3 C's necessary for team



If last weekend's game against Missouri State showed us anything, it's that K-State is still searching for its identity.

It's something you've heard before and will continue to hear all season: the key to any Wildcat offensive success stands in the backfield and wears No. 8 on his jersey. But aside from that, questions continue to surround the unit as the 2010 season begins to unfold.

Is K-State's offensive line more than five huge bodies? Does head coach Bill Snyder really have the starting quarterback job set in stone? What's the verdict on the tight ends and wide receivers? All of this still remains a mystery and — effective this weekend — the time to work out the kinks has officially run out.

So, with many uncertainties still abound, how can the Wildcats expect to leave Arrowhead Stadium with a win in the Big 12 Conference opener? The answer can be summed up with three C's: consistency, clock management and Carson Coff-

CONSISTENCY

Snyder and his players made it no secret that consistency was a major issue in last weekend's win against the Bears. After jumping out to a solid halftime lead, the Wildcats noticeably let their foot off the gas pedal and allowed Missouri State to score 17 points after halftime. K-State's offense had some big plays, but looked lethargic against an opponent that shouldn't have caused as much trouble as it did.

The Wildcats won't have the luxury of affordable mistakes and mental lapses against Iowa State. Snyder will be the first to tell you wins are hard to come by - particularly in conference - and this weekend is no exception. If the Wildcats want to remain undefeated through the weekend, they'll need to play fundamentally sound football, and more importantly, they'll need to do so for 60 min-

CLOCK MANAGEMENT

This comes with the territory of a run-first offense. Snyder has always emphasized the importance of winning the possession battle. That was made apparent in 2009 when the Wildcats led the nation in time of possession for a good portion of the season. The key to continuing that trend is holding onto the ball. The quarterbacks have interception-free through two games, but K-State has fumbled three times this season. In a game that could very well come down to the last possession — see last season's 24-23 win — ball security could be pivotal.

CARSON COFFMAN

The fifth-year senior seemed to make strides last weekend, setting career records with 280 yards and three touchdowns after a forgettable performance in week one. With Daniel Thomas clearly labeled as the No. 1 target for opposing defenses, Coffman will need to continue posting solid passing numbers to take the pressure off the backfield. Iowa State allowed just 297 yards and picked off three passes already this season, so expect Coffman to face a stiff challenge. It's unlikely he'll throw often, but when he does, he'll need to be efficient.

There's no doubt that Snyder will have K-State as well-prepared as possible on Saturday, and there's no doubt that they'll go to Thomas early and often.

But if Coffman can help keep the pressure off his running back and K-State can minimize its offensive mistakes, expect the Wildcats to return to Manhattan at 3-0. Stay tuned.

Justin Nutter is a senior in mass communications. Please send comments to sports@spub.ksu.edu.

Want more Wildcats?

For more on K-State football, go to kstatecol*legian.com* to see footage of the football press conference featuring Bill Snyder and Daniel

Thomas.

Snyder addresses questions of venue, Thomas at press conference

Coach undecided on who will be kicking in Saturday's game in KC

Ashley Dunkak

In the wake of a 48-24 win over Missouri State, which brought the Wildcats to 2-0 this season, head coach Bill Snyder spoke at his weekly press conference about the upcoming game at Arrowhead Stadium in Kansas City, Mo., as well as last week's game and

several players.
First, Snyder explained his feelings on playing home games at neutral sites versus in Manhattan. On Saturday, the Wildcats are the home team at the newly-renovated home of the NFL's Kansas City Chiefs.

"I do not mind playing in Kansas City," Snyder said. "I think Arrowhead Stadium is a wonderful venue. I have a great appreciation for the Hunt family. I always have. They are some great friends, and I genuinely care about the Chiefs organization. I appreciate being able to play a little closer to home to the 23,000-plus that we have in Kansas City."

That said, the coach remarked that his preference is to play in Manhattan. He said his reasoning is that not only is it a home game and a place that means an awful lot to him, but the business community of Manhattan has been good to K-State. On game



Logan M. Jones | Collegian

K-State head football coach Bill Snyder looks on as his team takes the field for the first game of the 2010 season on Sept. 4. The Wildcats beat the visiting UCLA Bruins 31-22. K-State is scheduled to play Iowa State on Saturday at Arrowhead Stadium.

days, the business community flourishes. He likes playing in Manhattan in part because of the positive contribution to the Manhattan economy the games attract.

In addition to talking some about Iowa State, the coach addressed the game against Missouri State, in which the Wildcats gained nearly 500 yards but also gave up almost that many.

While Snyder always wants consistency from his players, he said there were many positive aspects of the game against Missouri State. Among those

he listed receiver play, defense during most of the first half which he said gave up only 80 yards until the last two snaps — and downing punts near the endzone.

One question mark after the Missouri State contest was the Wildcats' kicking game. After

sophomore kicker Anthony Cantele missed a relatively short field goal and a point after touchdown attempt on the touchdown Cantele himself scored, senior kicker Josh Cherry, who handled kicking duties last season, came in for the remainder of those scoring

opportunities, while Cantele continued booting kickoffs. Snyder was evasive about who would be the starter in the Iowa State game.

"That'll probably be a 10:28 decision," Snyder said, referring to this Saturday's kickoff time of 11 a.m.

Another personnel tidbit is junior defensive back Emmanuel Lamur is good to go for Saturday, Snyder said. Lamur had battled injury and consequently did not see much field time against Missouri State.

Snyder also had affirmation for senior running back Daniel

"I think he has grown a great deal," Snyder said. "He understands the position more, and he has the experience of doing it, which is monumental. I think he gains a little more knowledge with every game. His vision becomes better. His reaction time becomes a little better. We know that he has the physical skills; it is just being able to find the right creases, and the more games he plays in, the better he does that.

When asked if the defense is focused as it begins preparation for the start of Big 12 Conference play, Snyder said it had better be.

"They want to be [focused]," Snyder said. "I do not have any doubt about that. But 'want to' and 'doing' is two different things. I think they are probably still in the learning stage of learning how to do exactly that, and that is going to take

Women's golf team ties for second at shortened first tournament

Ashley Dunkak

In their first tournament of the season, the Wildcats came in one point short of a win and tied for second place with the University of

Kansas. "They didn't get flustered, and there was opportunities they could have," said coach Kristi Knight. "Like I say, a couple of them were really

kind of fighting their ball striking this week, and they hung in there and got the most of the round that they

The Chip-N-Club Invitational in Lincoln, Neb., was shortened from three to two rounds after severe weather put a damper on the first day of play. K-State ended with a total score of 598, right on the heels of winner Arkansas State, who shot 292 in

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the second round.

Junior Paige Osterloo shot a 1-under par 71 to finish second in the tourna-

"I didn't stare at her scorecard closely, but today when we went back out (to finish the second round), I think she had maybe 14 holes to play ... I know she bogeyed one hole, but I think she parred 13 holes, so she did a really good job and had to

fight hard to save a couple pars, so that was good," Knight said.

Sophomore Whitney Pyle finished tied for eighth.

"Whitney did a good job," Knight said. "She didn't hit the ball near as well today as she did day one, but she

Knight said this week that Pyle improved her short game over the summer and thinks Pyle knows why she put in that time.

"She'll be the first to tell you, she kind of hit the ball all over the place today, and the round could have gotten away from her, but she was able to save some pars and make a couple of good bogeys," Knight said. "She was able to hold it together,

have a solid round." Freshman Gianna Misenhelter tied for 16th place in her first collegiate tourna-

ment, sophomore Hanna Roos tied for 20th, and senior Emily Houtz tied for 71st.

Knight said she was proud of the women and happy for them. She said they gave themselves an opportunity to win and got beat by an awfully good score.

"They battled, they did a nice job, and this experience today will help them," Knight said.







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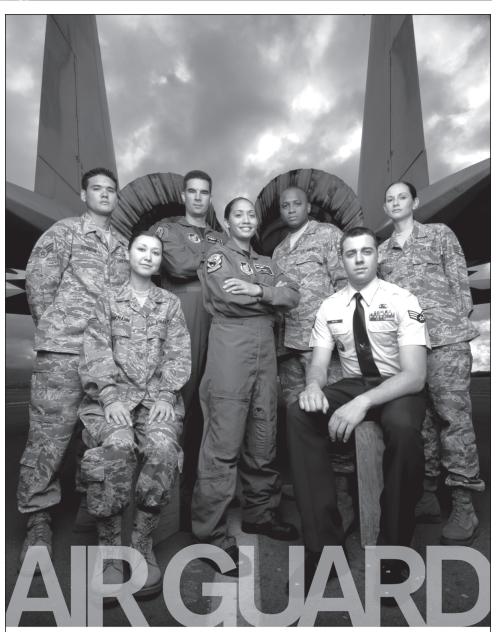
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OLD WEST EATS

Despite wait time, restaurant has decent prices, good portions



Logan M. Jones | Collegian

After the Wildcats defeated the UCLA Bruins in football Sept. 4, So Long Saloon, located in Aggieville, was packed with fans hungry for burgers and more football.

So Long Saloon **★★★☆**

Restauarnt review by Tim Schrag

There is a reason people cram into So Long Saloon in Aggieville: they want good tasting hamburgers. So Long can deliver, if you can wait long enough.

This place is definitely the top dog of what I would call "New Aggieville." With a Day of the D theme, country music icons on the wall and the slogan "Root Cat or Die," this place combines the charm of Aggieville's K-State connection to the feel of an Old West cantina. So Long has acquired a bit of a following, so much so that the restaurant will not hold a single table, a policy it makes public by a sign in the restaurant as well as on the menus.

"Sorry, pardner — during peak hours, we can't seat ya 'til the rest of the rancheros show up. If yer roundin' up six or more compadres - we're savin' trees, so you only get one check," it states.

I went to So Long on a busy Friday night. It took about 45 minutes to get a table for my pa of six, but it was worth it.

Before I could even look over the appetizers, my friend had already ordered the Chipotle Raspberry and Black Bean Dip. While the dish sounds unsavory, it's cheesy and warm with just a touch of raspberry sweetness. Once I dipped a chip into this cheesy bean dip I couldn't stop. It's that addictive.

It goes without saying these folks are famous for their hamburgers. I've had their Bleu Cheese Burger many times. It's my safety order. The great thing about So Long's burger selection is it really allows you to customize your burger, or at least the toppings on it. Some burgers even offer the option of substitutin bison instead of beef as the meat.

This time around I got the Resist Temptation, a burger topped with a fried egg, bacon and mayo. When I read the description of this hamburger, I had to give in and order it. It tasted heavenly and the egg did not overpower the beef; they actually meshed well. I had the perfect combination of my favorite foods: breakfast and hamburgers. I think I might have a new safety pick. It definitely gives the Bleu Cheese

Burger a run for its money. The average hamburger, which comes with a side, costs between \$8-9 before tax, proof that you don't have to pay big money for a good

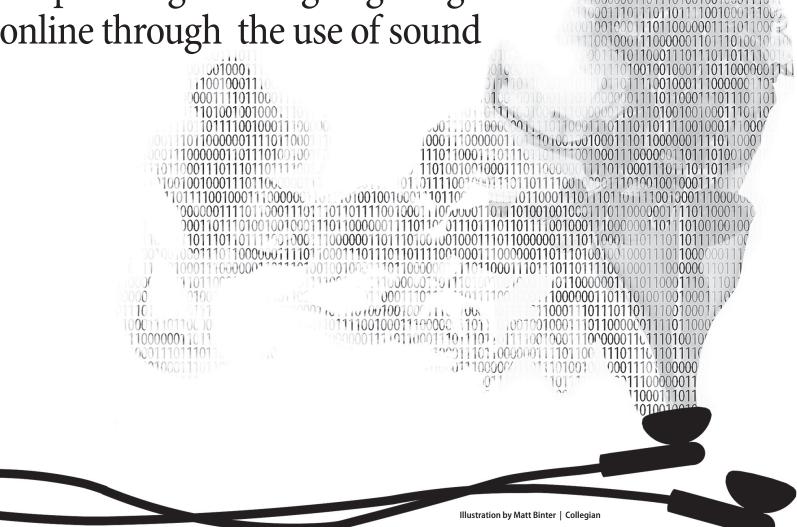
As we finished our meal, it became evident the portions were beyond filling, as several members of the group needed boxes. I call that a win-win situation because they get to enjoy the So Long good-

ness all over again. Just as we were getting our check situation settled, a small version of the K-State Marching Band, called the Official Aggieville Band, barged into the restaurant, taking up every single free inch of space. Members played the fight song and several of their other classics. It was just another reason to love this place.

The only real downside to So Long is how small the building is but even if it expanded, it would still be packed with people pouring in for tasty hamburgers.

Tim Schrag is a junior in journalism and mass communications. Please send comments to edge@spub.ksu.edu.

People using 'i-dosing' to get high online through the use of sound



Tayler Manges junior staff writer

The digital age has literally reached a new high with "idosing," a new way of getting a "digital high" using sounds called binaural beats.

Binaural beats are nothing new; they were first discovered in 1839 by Heinrich Wihelm Dove and are typically used for auditory therapy and helping the brain to relax. With idosing, users listen to a drone sound that changes pitch, frequencies and volume. This then alters brainwaves and can have an effect on the same part of the brain as drugs such as marijuana and LSD, causing a person to feel high.

According to i-doser.com, a recreational stimulants MP3 pack containing four "digital doses" of marijuana, cocaine, opium and peyote — a hallucinogenic drug derived from a cactus flower and used in some Native American rituals — can be purchased for \$16.95. The description explains, "each audio track contains our advanced binaural beats that will synchronize your brainwaves to the same state as the recreational dose."

Users of the website's kits commented on the site about their experiences. One person who used the marijuana MP3 wrote, "I have to say, I'm quite

surprised with this technique. As I write this, I feel like I'm slightly high. It's not the same as going out and smoking some, but it's very impressive

for simply being sound. Potential users who are not willing to spend money to try i-dosing can try it for free via YouTube by listening to a nine-minute i-dosing song called "Gates of Hades." As the video begins to play, it tells the viewer to use a pair of headphones and to lie down important elements in the

effectiveness of the experience. The free version is not guaranteed to work, but offers an example of what the "real" experience available for purchase

could be. So why are using these sounds to get high just now becoming popular? Mary Cain, associate professor in psychology, taught Drugs and Behavior this summer. The class discussed that one reason teens might look for alternative ways to get high is that they are afraid of what drugs can do to the body. Using sound is legal, and if teens think something is a safer alternative than taking drugs, they will try it. Another reason is that they can have it on their computers and iPods instead of having to hide

After watching some of the reactions people have to

"Gates of Hades" available on YouTube, it seems to be a self-fulfilling prophecy. Cain also said in her course that if people psychologically believe a drug can get them high, they might feel its effects faster and

stronger. Is it real? Research is in process, and while many people still have not heard about i-dosing, more information is on the way. While playing annoying sounds can change one's mood and cause the individual to act differently or irritated, what makes the "high" from i-dosing different?

This may be a question that takes years — and thousands of i-dosers — to answer.

Purple Power Smoothie

K-State Research and Extension

Ingredients:

4 teaspoons lemon juice 1 cup water

3/4 cup grape juice concentrate 1 cup instant nonfat dry milk 2 cups ice cubes

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1. Put lemon juice and water into a blender and mix well. 2. Add the grape juice and dry

milk and blend. 3. Slowly add ice, one cube at a time. Turn off blender while

adding each cube of ice. 4. Blend well and divide into glasses.

Helpful hints:

Nonfat dry milk is a great ingredient in many recipes. It has all the good nutrition of skim milk but can be stored longer than fresh milk. It is less expensive than fresh milk, too.

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Sodium 100 mg 4% Total Carbohydrate 30 g 10 % Dietary Fiber 0 g Sugars 9 g

Protein 6 q Vitamin A 8% Vitamin C 70% Calcium 20% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

Lunar landscapes



The moon was especially bright Tuesday, dominating the sky in its waxing crescent phase most of the day.

Lisle Alderton | Collegian

K-State connects beef producers with online training

Randall Kowalik K-State Research & **Extension News**

A series of online videos, hosted by K-State, can help beef producers and processors keep pace with changes in most every step of the pro-

duction cycle. As part of its Beef Quality Assurance Program, K-State's Beef Cattle Institute has expanded to an additional website, Animal Care Training www.animalcaretraining. org. The program is a training system for beef producers, handlers and processors.

Dan Thomson, an associate professor in the department of clinical sciences in K-State's College of Veterinary Medicine, as well as the director of the Beef Cattle Institute at K-State, said the program's ideological and financial roots are in K-State's Targeted Excellence Program.

Of all the things done at Kansas State University, what should the university really focus on?" Thomson said. "What should the university really achieve national, or even international, leadership

"When it comes right down to it, if we aren't doing a great job with the beef industry, or serving the beef industry, that's probably something that would be considered 'inadequate' at Kansas State Uni-

Thomson said the program educates workers in all sectors of the beef industry, from the newly hired to the seasoned veteran. The program has also filled in the gaps created by dwindling resources.

"We're running low on people, time and opportunities for face-to-face meetings to actually carry out some of this training," Thomson said. "So, to augment or supplement some of this face-toface training, or on-the-job training, we have produced a series of online training mod-

The program is entirely self-paced — participants can log in and watch videos as many times as they like, 24 hours a day. The modules are available in both English and

"As we see an increase in cultural diversity in the beef industry, we also made the modules available for people

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who use Spanish as their first language," Thomson said.

Thomson said the topics covered in the training modules continue to evolve, as participants return to the site, seeking further training.
"We've seen an evolution

in BQA (Beef Quality Assurance) from 'How do we move our injection sites to the neck?' to 'How do we make sure that we use our animal microbials in a proper manner?" Thomson said.

"It's not only what the product is, and how wholesome the product is," he said, "but now we have to look at how we actually raise these animals, and that's something that may be going on the label

of our beef products, as well." There are about 150 training modules, ranging be-tween five and 10 minutes in

To access the training, a user would visit the Beef Cattle Institute's website, beefcattleinstitute.org, and select "Animal Care Training" in the lower-right corner of the

Payment for the modules can be made with a credit or an invoice can be

mailed to the subscriber.

Each module ends with a short quiz. At least 80 percent of the questions must be answered correctly for a passing grade. The subscriber will then be e-mailed a certificate with his or her name on it, to document completion of that

"Not only do we maintain that diploma for them electronically," Thomson said, 'but we also develop a transcript for each employee or producer that wants to take part in this."

He added that the online modules convey ideas and techniques that books and other printed materials cannot adequately demon-

"I'm not a very good learn-er from just reading a book," Thomson said. "Audio/visual, to me — if I can not only hear it, but see it — that is the most effective way to train. And with today's media, it's just a no-brainer."

Thomson said online delivery saves time and money for both the "teacher" and the "students." Trainers do not have to spend money on travel, or renting facilities

dairy cattle, and equine care.

and equipment at the train-

ing site; students do not have

to postpone important duties

at the ranch or farm, or spend

money on travel and lodging

But perhaps the biggest reason for the online ap-

hour, we've seen them doing

this at midnight. We've seen

them participating at all times during the day," Thomson

He said he's noticed feed

yards setting up virtual training centers for their

employees, complete with

workstations and satellite, or

high-speed Internet connec-

tions. This allows employees

to schedule training sessions

into their workdays.

The industry is taking notice of the Beef Quality

Assurance program. The Na-

tional Cattlemen's Beef As-

sociation has designated the

institute as its national center

quality assurance program is

beef cattle, the site also in-

cludes training modules for

While the focus of the

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proach? Convenience. "We've seen producers doing this during the noon

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Pests can kill tips on oak tree branches | SAFE | Allies utilize

K-State Research and

Every year, some oak trees develop dead branch tips. Often, however, a closer look reveals the branches also have little light-brown, lumpy bumps of Kermes scale.

"This gall-like insect may lead to a shortening in shoot growth. In some instances, it can be responsible for oak trees' dead branch tips, but it's not always the cause," said Bob Bauernfeind, entomologist with K-State Research and Extension.

take these steps before deciding what's wrong:

1. Check whether an affected branch also has scales on its remaining live tissue. If so, see whether the scales look healthy, while those on the brown-leafed branch tip look dead like they are wrinkled or starved.

"Both factors are signs that Kermes scale isn't likely to be your culprit," Bauernfeind said. "Even if it is, though, K-State does not recommend spraying to control this insect." A link to advice for tree owners who

hfrr.ksu.edu/DesktopDefault. aspx?tabid=586.

2. See whether an actual "break point," or sideways crack, separates the live and dead branch tissues.

"That can be the work of a female beetle called the oak twig girdler," he said. "If so, all you can do is regard the browned tips as an aesthetic problem that won't have any major impact on the tree host."

3. Look for a definite "line of demarcation" between the colors of the living and dead branch sections. To double check, carefully scrape away the area's outer bark. Healthy inner bark is light green. Diseased inner bark is dark-brown to black and may have lengthwise

"These are signs of a fungal disease. Trees infected with Botryosphaeria canker will exhibit wilting or flagging twigs throughout the canopy," Bauernfeind said. "But, the damage the disease causes won't merit your spraying. You can remove the dead twigs from small trees; otherwise, don't bother."

training, create havens

Continued from page 1

the sessions."

Samantha Wisely, associate professor of wildlife biology and director of the K-State's Conservation Genetic and Molecular Ecology lab, said she regularly puts her Safe-Zone training to use.

"At least once a semester, I have a student who comes to my office with a personal problem, sometimes small, sometimes big," Wisely said. 'The SafeZone training has helped me learn to listen to their stories with compassion and without judgment. I can

then help the student find the resources they need to overcome their particular life chal-

The next SafeZone training session is scheduled for Sept. 29 at 1 p.m. in the K-State Student Union, Room 212. For more information, visit *k*state.edu/safezone.

Weiser said words, spoken by Susan Allen, retired director of nonviolence programs, are what members of SafeZone live by.

"SafeZone allies are little individual zones of safeness ... Individuals together will change the environment."

SALINA | Program looking into adding courses

Continued from page 1

includes the use of a glass cockpit, with a fully functional avi-onics system. The cockpit is equipped with LCD screens that display information about positioning and movement.

Integrated in these cockpits are G1000's, the latest avionics suites, or systems, from Garmin.

These systems display navigation, weather and engine data, as well as giving traffic and terrain

avoidance. Robin Suprenant, senior in aviation maintenance technology, said the avionics program is preparing her for the field she wants to work in.

"It's on the leading edge, and it's benefiting us in the long run,"

she said.

Alexander said she hopes what is now a certification program can become even bigger in the future. She said the school is looking into adding courses gradually and organizing the education courses based on what students would like to do.

"That's the direction we're heading, so it can fit their career choice," she said. Barnhart said there have

been proposals to look into making the certification program a bachelor's program in the future. As for now, Barnhart said the recognition K-State Salina received shows the dedication of the avionics program and its commitment to excel-

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